

November

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Alford And Ashe Academy



Raising Thankful Children

Learning to be thankful is an important life skill, and takes time to master. Here are some suggestions:

*Be a role model. When you receive a gift, thank the giver in front of your child.

*Encourage thank you notes. Even if your child is too young to write a letter, they can scribble or draw a thank you picture and help put the stamp on the envelope and mail it.

*Talk with your child. Ask what they are thankful for. Don't worry if they respond, "My Nintendo Wii". Simply say, "What are you thankful for that isn't a toy?"

*Avoid giving in to the "gimmez". It's hard to develop a sense of appreciation when closets are stacked with toys and clothing. Set limits that are consistent with your family's budget and values.

*Express your thanks. Be sure to thank your child when he engages in helpful and cooperative behavior.

*Don't try to force a thank you. If your child refuses to say thank you, or simply forgets his manners, simply say thanks for your child and talk with him later in the day about the importance of showing thanks.

Learning to be thankful is a life lesson your child can learn through your example and support.



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Happy Birthday...

Nyliah—15
Jazmine - 20
Carla-26
Victoria—4



Reminder

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11/1—11/16 Canned Food Drive

11/11 No VPK

11/19—11/23 No VPK

11/22 Happy Thanksgiving!

11/23 CLOSED